



If you have questions about the fitness equipment in our gym, check with Ron on a Saturday during operating hours.

SENIOR CENTER IS CLOSED Friday March 29th for Good Friday and Saturday March 30th for Easter.

NEW CLASSES

SIT & FIT WITH BARB

IS BACK Mondays at 11:45

HALL OF FAME STRENGTH TRAINING WITH RESISTANCE BANDS

Tuesdays at 9:00

All exercise classes are

\$5 to take. Pay instructors before each class. You do not need to pay in advance and you do not pay for classes that you cannot attend.

Sign up now at the hallway table to save your spot

March 9th – Wizard of Oz play at House Theatre. Tickets are \$5

play starts at 6:30. This production is Elementary School age actors.

Let's explore the Yellow Brick Road together

SENIOR CENTER OPEN HOUSE

Tuesday, March 26th 3:00 to 6:00

Lots of activities, food, laughs and good times. Door Prizes throughout the open house and one lucky newcomer will get a free Fitness Membership! Everyone Welcome! FREE EVENT!

March 22nd and 23rd House Theatre Presents Anne of Green Gables. Middle School actors

April 5th and 6th House Theatre presents Chronicles of Narnia. High School Actors.

Get tickets at Housetheatre.org

All tickets are \$5

Don't miss Bonus Buck Bingo every Thursday at 1:30. Earn BONUS BUCKS to spend at the July Auction! You must play BINGO to win Bonus Bucks! You get one Bonus Buck each time you win!



March 14th is St. Patrick's Day Bingo
March 21st is Easter Bingo
NO BINGO on March 28th

No LUNCH & LEARNS are planned yet for March. Check the table in the hallway daily in case a lunch and learn has been added.

Day Light Saving Time Begins March 10th
Turn your clocks forward one hour!



Sign up for special events in the hallway at the senior center. We need a headcount for most activities.

HAPPY EASTER!

All Activities are subject to change