

# Hanahan Senior Center

## MONDAY – 1<sup>ST</sup>, 8<sup>TH</sup>, 15<sup>TH</sup>, 22<sup>ND</sup>, 29<sup>TH</sup>

9 to 11 – Line Dancing YHG

**9:30 – Pickleball HG**

10:30 – Zumba Gold

**11:45 – Sit & Fit with Barb**

12:00 – Canasta

**22<sup>nd</sup> – Painting on Canvas Class at 1:30  
sign-up in Hallway – cost \$5**

**29<sup>th</sup> – Monday Movie Matinee at 1:30**

**Featuring “Trouble with the Curve”**

**Free Event. Snacks provided.**

## THURSDAY – 4<sup>TH</sup>, 11<sup>TH</sup>, 18<sup>TH</sup>, 25<sup>TH</sup>

9:00 – Pinochle

9:15 – Dancing to the Oldies

10:30 – Chair Exercise with Ellie

10:00 – Blue Grass Jam in Magnolia Room

**1:30 – BINGO (WIN THOSE BONUS  
BUCKS FOR THE JULY AUCTION!)**

4:30 – Line Dancing Social

**4<sup>th</sup> – Guest Bingo Caller from Centerwell**

**For returning members,  
your membership fees are due now  
for 2024, please see a staff member to  
pay your dues for 2024. Thank you.**

*You must be a member to  
participate in the activities at the  
Hanahan Senior Center*

3102 Amphitheater Avenue, Hanahan

# APRIL 2024

## TUESDAY – 2<sup>ND</sup>, 9<sup>TH</sup>, 16<sup>TH</sup>, 23<sup>RD</sup>, 30<sup>TH</sup>

9:00 – Pinochle

**9:00– Hall of Fame Strength Training**

**Resistance Bands**

9:30 – Mah-Jong

10:00 – Senior Aerobics with Kathy

12:30 – Bridge

2:45 – Tap Technique Class

**9<sup>th</sup> – Romeo and Juliet outing**



**at 8510 Rivers Avenue at 1:00**

## FRIDAY – 5<sup>TH</sup>, 12<sup>TH</sup>, 19<sup>TH</sup>, 26<sup>TH</sup>

**9:30 – Pickleball HG**

10:00- 4:30 – Quilting

12:00 – Canasta

1:00 – Mah-Jong

**19<sup>th</sup> – Parent Movie Night. Adults Only!**

**Friday, April 19<sup>th</sup> \* at 6:30 pm. FREE EVENT  
showing “Dirty Dancing” on the big screen  
at the Hanahan Amphitheater at 7:45. Food  
and Beer Trucks, Booze Pops, Popcorn and  
More! Come have the time of your life...!**

**YHG – Yeamans Hall Gym**

**HG – Hanahan Gym**

**SC – Senior Center**

**MRP – Multipurpose Room**

Phone Number: 843-266-0723

# Activity Calendar

## WEDNESDAY – 3<sup>RD</sup>, 10<sup>TH</sup>, 17<sup>TH</sup>, 24<sup>TH</sup>

9 – Beginner Line Dancing

9:15 – Zumba Gold HG

10:15 – Advanced Line Dancing

**10:30 – Pickleball HG**

12:00 – Canasta

1:00 – Mah-Jong

1:00 – Ballet Barre

2:15 – Advanced Tap Dancing

**10<sup>th</sup> – Lunch and Learn – The Bridge at 11:45  
sign-up in hallway to attend – Free Event**

More lunch and learns may happen in April.  
Check the hall table in case a new one is added.

## SATURDAY – 6<sup>TH</sup>, 13<sup>TH</sup>, 20<sup>TH</sup>, 27<sup>TH</sup>

Saturday Hours: 8:00 – 12:00

### **FITNESS CENTER ORIENTATION**

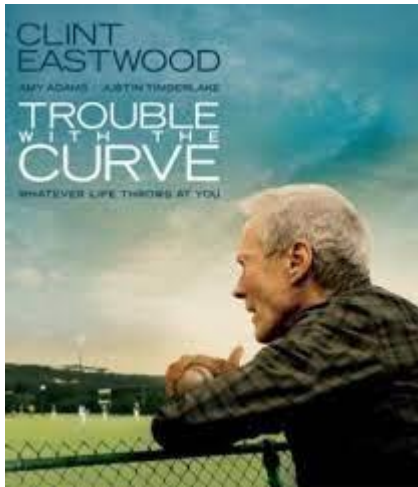
**Are you new to the fitness center,  
do you have questions about the  
equipment, see Ron when you arrive.**

### **HOURS OF OPERATION**

MWF- 8:30 to 5:00  
T and TH – 8:30 to 8:00  
Saturday – 8 to 12  
Closed on Sunday

**All activities are subject to change**

Join us for  
**MONDAY MOVIE MATINEE**  
 Monday, April 29<sup>TH</sup> at 1:30



Starring Clint Eastwood  
 Free Event in the Multipurpose Room  
 Snack provided!

**NEW CLASSES**

**SIT & FIT WITH BARB**  
**IS BACK** Mondays at 11:45  
**HALL OF FAME STRENGTH TRAINING WITH**  
**RESISTANCE BANDS**  
**Tuesdays at 9:00**  
 All exercise classes are  
 \$5 to take. Pay instructors before  
 each class. You do not need to pay in advance  
 and you do not pay for classes that  
 you cannot attend.

Don't miss Bonus Buck Bingo  
 every Thursday at 1:30.  
 Earn **BONUS BUCKS** to spend  
 at the July Auction!  
 You must play **BINGO** to win  
**Bonus Bucks!** You get one Bonus Buck  
 each time you win!



Sign up for special events in the  
 hallway at the senior center. We  
 need a headcount for most  
 activities.

**ROMEO AND JULIET OUTING**



Great food, fun and fellowship  
**April 9<sup>TH</sup> at 1:00**  
**8510 Rivers Avenue**

**Single Room \$808**  
**Double Room \$655 each**  
**All Money and Registration Forms are**  
**due by July 19<sup>TH</sup>, 2024,**  
**for all that want to attend the Beach**  
**Retreat. Sign-up today with your**  
**roommate preference.**  
**Pay no money until July 2024**  
**All activities are subject to change.**