

Hanahan Senior Center

MONDAY – 5th, 12th, 19th, 26th

9 to 11 – Line Dancing YHG

9:30 – Pickleball HG

10:30 – Zumba Gold

11:45 – Sit & Fit with Barb

12:00 – Canasta

12th – PAINTING ON CANVAS CLASS AT 1:30

Must sign up to participate. limited to 15

19th - Monday Movie Matinee

The Lost Valentine at 1:30. Snacks provided!

THURSDAY – 1st, 8th, 15th, 22nd, 29th

9:00 – Pinochle

9:15 – Dancing to the Oldies

10:30 – Chair Exercise with Ellie

10:30 – Blue Grass Jam in Magnolia Room

**1:30 – BINGO (WIN THOSE BONUS
BUCKS FOR THE JULY AUCTION!)**

Valentine's Bingo on the 8th

1:30 – Crocheting

4:30 – Line Dancing Social

HOURS OF OPERATION

MWF- 8:30 to 5:00

T and TH – 8:30 to 8:00

Saturday – 8 to 12

Closed on Sunday

FEBRUARY 2024

TUESDAY – 6th, 13th, 20th, 27th

9:00 – Pinochle

**9:00– Hall of Fame Strength Training
Resistance Bands**

9:30 – Mah-Jong

10:00 – Senior Aerobics with Kathy

12:30 – Bridge

Dancing to the Oldies has moved to Thursdays at 9:15

2:45 – Tap Technique Class

13th – Romeo & Juliets outing meet at
Smokey Bones at 1:00

FRIDAY – 2nd, 9th, 16th, 23rd

9:30 – Pickleball HG

10:00- 4:30 – Quilting

12:00 – Canasta

1:00 – Mah-Jong

23rd – Romeo and Juliet outing

NCUMC Tea Room at 12:30 must sign up to
attend. Limited to 16 people. Meet at the
church

YHG – Yeamans Hall Gym

HG – Hanahan Gym

SC – Senior Center

MRP – Multipurpose Room

Activity Calendar

WEDNESDAY– 7th, 14th, 21st, 28th

9 – Beginner Line Dancing

9:15 – Zumba Gold HG

10:15 – Advanced Line Dancing

10:30 – Pickleball HG

12:00 – Canasta

1:00 – Mah-Jong

1:00 – Ballet Barre

2:15 – Advanced Tap Dancing

7th – Lunch and Learn at 11:45 Axonics Health talk
Lessen those bathroom visits. Get your life back!

14th – HAPPY VALENTINE'S DAY!

21st – Medicare questions and answers

SATURDAY– 3rd, 10th, 17th, 24th

Saturday Hours: 8:00 – 12:00

FITNESS CENTER ORIENTATION

**Are you new to the fitness center,
do you have questions about the
equipment, see Ron when you arrive.**

For returning members your

2024 MEMBERSHIP FEES

ARE DUE NOW

Hanahan Residents:

BASIC membership - \$40/Fitness Membership - \$85

Non-Hanahan Residents:

BASIC membership - \$75/Fitness Membership- \$200

*You must be a member to
participate in the activities at the
Hanahan Senior Center*

3102 Amphitheater Avenue, Hanahan

Phone Number: 843-266-0723

All activities are subject to change