

Hanahan Senior Center

MONDAY – 6TH, 13TH, 20TH, 27TH

9 to 11 – Line Dancing YHG

9:30 – Pickleball HG

10:30 – Zumba Gold

11:45 – Sit & Fit with Barb

12:00 – Canasta

CENTER CLOSED MAY 27TH

FOR MEMORIAL DAY

THURSDAY – 2ND, 9TH, 16TH, 23RD, 30TH

9:00 – Pinochle

10:30 – Chair Exercise with Ellie

10:00 – Blue Grass Jam in Magnolia Room

1:30 – BINGO (**WIN THOSE BONUS**

BUCKS FOR THE JULY AUCTION!)

4:30 – Line Dancing Social

You must be a member to participate in the activities at the Hanahan Senior Center. Please see a staff member to join today!

MAY 2024

TUESDAY – 7TH, 14TH, 21ST, 28TH

9:00 – Pinochle

9:00– Hall of Fame Strength Training Resistance Bands (No Class on 7th)

9:30 – Mah-Jong

10:00 – Senior Aerobics with Kathy

12:30 – Bridge

2:45 – Tap Technique Class

FRIDAY – 3RD, 10TH, 17TH, 24TH, 31ST

9:30 – Pickleball HG

10:00- 4:30 – Quilting

12:00 – Canasta

1:00 – Mah-Jong

YHG – Yeamans Hall Gym

HG – Hanahan Gym

SC – Senior Center

MRP – Multipurpose Room

Phone Number: 843-266-0723

Activity Calendar

WEDNESDAY– 1ST, 8TH, 15TH, 22ND, 29TH

9 – Beginner Line Dancing

9:15 – Zumba Gold HG (22nd last Wednesday Zumba until school is back in session)

10:15 – Advanced Line Dancing

10:30 – Pickleball HG

12:00 – Canasta

1:00 – Mah-Jong

1:00 – Ballet Barre

2:15 – Advanced Tap Dancing

1ST – Lunch and Learn Neuropathy and Spine Center 11:45

More lunch and learns may happen in May.

Check the hall table in case a new one is added.

SATURDAY– 4TH, 11TH, 18TH, 25TH

Saturday Hours: 8:00 – 12:00

CENTER CLOSED MAY 25TH FOR MEMORIAL DAY WEEKEND.

FITNESS CENTER ORIENTATION

Are you new to the fitness center, do you have questions about the equipment, see Ron when you arrive.

HOURS OF OPERATION

MWF- 8:30 to 5:00

T and TH – 8:30 to 8:00

Saturday – 8 to 12

Closed on Sunday

All activities are subject to change.

3102 Amphitheater Avenue, Hanahan

NEW CLASSES

SIT & FIT WITH BARB
IS BACK Mondays at 11:45
HALL OF FAME STRENGTH TRAINING WITH
RESISTANCE BANDS
Tuesdays at 9:00

All exercise classes are
\$5 to take. Pay instructors before
each class. You do not need to pay in advance
and you do not pay for classes that
you cannot attend.

Don't miss Bonus Buck Bingo
every Thursday at 1:30.
Earn BONUS BUCKS to spend
at the July Auction!
You must play BINGO to win
Bonus Bucks! You get one Bonus
Buck each time you win!



BONUS BUCKS

Sign up for special events in the
hallway at the senior center. We need
a headcount for most activities.

Dancing to the Oldies will be taking a
break for the summer.
Check back in September for more info
on this class.

SUMMER CHANGES

Zumba Gold

The last day for Wednesday's Zumba
Gold Class will be May 22nd at 9:15.

This class will resume on
Wednesday, September 11, 2024.
Zumba Gold will continue to meet every
Monday at 10:30 at the Hanahan Senior
Center throughout the summer.

Pickleball

starting Monday, June 3rd Pickleball will
meet at the Yeamans Hall Gym.

Mondays at 11:30
Wednesdays at 9:30
Fridays at 9:30

Summer changes are in effect until
school is back in session.



Single Room \$808
Double Room \$655 each
All Money and Registration Forms
are due by July 19th, 2024,
for everyone attending the Beach Retreat.
Sign-up today with your
roommate preference.
Pay no money until July 2024
Registration Forms are available now
at the Senior Center

All activities are subject to change.